

每天四句話宣告神的應許

Four sentences every day to declare God's promises

- 1. 我是蒙神所愛的 I am loved by God
- 2. 我是有價值的 I am valuable
- 3. 今天必有美好的事發生
Something good is going to happen today
- 4. 神的祝福追著我跑
God's blessings chase me

羅Romans12:1-2

Rom 12:1

所以弟兄們，我以神的慈悲勸你們，將身體獻上，當作活祭，是聖潔的，是神所喜悅的；你們如此事奉乃是理所當然的。

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.



羅Romans 12:1-2

Rom 12:2

不要效法這個世界，只要心意更新而變化，叫你們察驗何為神的善良、純全、可喜悅的旨意。

Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.



更新的生命 Renewed Life

1.更新你的思想

Renew your mind

2.更新你的異象

Renew Your Vision

3.更新你的話語

Renew Your Word

1.更新你的思想 Renew Your Mind

- 一生的果效是由心發出 (箴4:23) The fruit of life comes from the heart
- 成品是由設計而來 The finished product is designed
思想 → 行為 → 習慣 → 人生
Thoughts Behavior Habits Life
- 神的話 vs 魔鬼的話 God's Word vs. The Devil's Word
- 魔鬼若得著你思想的生活就是得著你全部的生活
If the devil gets your thought life, he gets your whole life.

1.更新你的思想 Renew Your Mind

□ 思想甚麼？ What should you mind?

- 1.神的話 (詩1:2-3), **God's Word**
- 2.上面的事 (西3:2), **things that are above**
- 3.主耶穌 (來12:3), **Lord Jesus**
- 4.積極的事 (腓4:8). **positive things**

詩 1:2 惟喜愛耶和華的律法，**晝夜思想**，這人便為有福！

1:2 but his delight is in the law of the LORD, and on his law he meditates day and night.

詩 1:3 他要像一棵樹栽在溪水旁，按時候結果子，葉子也不枯乾。

凡他所做的盡都順利。**1:3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.**

西3:2 你們要**思念**上面的事，不要思念地上的事。**Set your minds on things that are above, not on things that are on earth.**

來12:3 那忍受罪人這樣頂撞的，你們要**思想**，免得疲倦灰心。

Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

腓4:8 弟兄們，我還有未盡的話：凡是真實的、可敬的、公義的、清潔的、可愛的、有美名的，若有什麼德行，若有什麼稱讚，這些事你們都要**思念**。

Phil 4:8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

2.更新你的異象 renew your vision

- (箴29:18)沒有異象，民就放肆 (分散,滅亡)。
- Where there is no prophetic vision the people cast off restraint, but blessed is he who keeps the law.
- 學習為主發夢 Learning to Dream for the Lord
- 異象有多大，成就就有多大 The bigger the vision, the bigger the achievement
- 沒有目標註定失敗 Without a goal, you are doomed to fail
- 不做計劃就是計劃失敗 If you fail to plan, you plan to fail.

2.更新你的異象 renew your vision

□ 學習作計劃 Learn to plan

1.目標要具體 Be specific

2.目標要集中 Focus on your goals

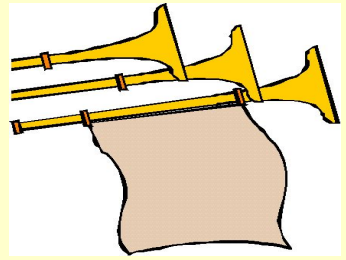
3.找人守望 Find someone to watch

4.堅持到底 Stay the course

3.更新你的話語 Renew your word

- 神的話有創造的大能 God's Word Has the Power of Creation
(詩33:9)神說有就有，命立就立 For he spoke, and it came to be; he commanded, and it stood firm.
- 主耶穌就是神的話 The Lord Jesus is the Word of God
- 你的能力在口中 (箴18:21)。生死在舌頭的權下，喜愛他的，必吃他所結的果子。 Death and life are in the power of the tongue, and those who love it will eat its fruits.
- (腓4:13)我靠著那加給我力量的，凡事都能做。
I can do all things through him who strengthens me.

3.更新你的話語 Renew your word



□ 當說的話？ **What should be said ?**

1. 積極的話, **Positive words**
2. 造就人的話, **Words that edify people**
3. 讚美的話, **Words of praise,**
4. 為每一日子命名 **Name each day**